



# school BREAKFAST

| Breakfast MENU | MONDAY                | TUESDAY               | WEDNESDAY             | THURSDAY              | FRIDAY                |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <b>COLD</b>    | Soya Milk (SOYABEAN)  | Soya Milk (SOYABEAN)  | Soya Milk (SOYABEAN)  | Soya Milk (SOYABEAN)  | Soya Milk (SOYABEAN)  |
|                | Fruit Yoghurt (DAIRY) | Fruit Yoghurt (DAIRY) | Fruit Yoghurt (DAIRY) | Fruit Yoghurt (DAIRY) | Fruit Yoghurt (DAIRY) |
|                | Spread (DAIRY)        | Spread (DAIRY)        | Spread (DAIRY)        | Spread (DAIRY)        | Spread (DAIRY)        |
|                | Milk (DAIRY)          | Milk (DAIRY)          | Milk (DAIRY)          | Milk (DAIRY)          | Milk (DAIRY)          |
|                | Sliced Bread (GLUTEN) | Sliced Bread (GLUTEN) | Sliced Bread (GLUTEN) | Sliced Bread (GLUTEN) | Sliced Bread (GLUTEN) |
|                | Cereal (GLUTEN)       | Cereal (GLUTEN)       | Cereal (GLUTEN)       | Cereal (GLUTEN)       | Cereal (GLUTEN)       |
|                | Jam                   | Jam                   | Jam                   | Jam                   | Jam                   |
| <b>HOT</b>     | Beef Sausages         | Omelette              | Beef Sausages         | Omelette              | Croissants            |
|                | D E G H V             |                       | D E G H V             |                       | D E G H V             |
|                | Hash Brown            | Baked Beans           | Scrambled Eggs        |                       |                       |
|                | D E G H V             | D E G H V             | D E G H V             | D E G H V             | D E G H V             |



**If you have any food allergies, please speak with a member of the catering team. Thank you!**

ASK FIRST - D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN

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**ALL FOOD IS NUT FREE | JPL KITCHENS ARE A NUT FREE ENVIRONMENT**

Please note this menu is subject to changes due to unforeseen circumstances.

