



Friday 19th September 2025

Dear families,

As Autumn approaches, we are sending some guidance on helping your child to stay warm whilst having fun at school. We also wanted to take this opportunity to remind you all that all **Reception children should bring their PE kit in a bag on Wednesdays and wear their school uniform as usual. The children will change into their PE kit whilst at school.**

Your children do some of their best learning outdoors and will continue to do so as the temperature gets colder. Learning outdoors is a fantastic opportunity for children to learn about the world around them, stay active and build friendships. Alongside this, spending time in the fresh air can enhance children's mood and support cognitive functioning.

We therefore want to be clear on our expectations, so that children come to Reception prepared to learn outdoors whilst staying warm and comfortable. Please read our guidance carefully and speak to a member of staff if you have any questions

Layers of Clothing

As a general rule, your child will require one more layer of clothing than you. This is likely to be a vest under their clothes. If your child is wearing too many layers they may become uncomfortable or find it difficult to manage daily tasks like going to the toilet. If you would like some guidance on how many layers of clothing your child needs, please speak to us.

Coats

Your child will need to have a coat fit for two purposes - staying warm and keeping dry. The coat must have a hood and a zip. You may choose to buy your child a separate anorak, that will dry quickly for particularly rainy days.

By now, your child should be able to put their coat on. Over winter, we will ensure your child is able to zip their coat and put their hood up. Please practise these skills at home so that your child can get dressed efficiently at school.

Please avoid coats that are fluffy or cannot be wiped clean easily.



Shoes

Please ensure that your child is wearing shoes that cover your child's feet and keep them dry. It is best to avoid canvas trainers and plimsolls as they soak up water easily.

You are welcome to provide wellies for your child to keep at school, so that they can splash in puddles. Before you do this, please label them clearly and teach your child to change in and out of their wellies so that they can do so easily at school.



Winter Items

On particularly cold days, your child may require a hat or scarf. Gloves can be challenging for children to put on and get easily lost. Instead, consider mittens that can be attached to your child's coat so that they don't get lost or teach your child how to keep them safe in their coat pocket.

Spare Clothes

Please put spare shoes and socks inside your child's spare clothes bag so that they can change if they need to.

We really appreciate your patience whilst we support your child to manage their independence and enjoy learning outdoors. If you have any questions, please speak to your child's teacher.

Best Wishes

Polly Kilyan & Eleanor Brennan

Reception Teachers

